

Introductory Workshop GUIDELINE

1. As a Certified Practitioner you are authorized to teach the Introductory Workshop in Bio-Touch™.
2. The Introductory Workshop is a 4-hour program that uses the Manual & DVD Set as its teaching tool.

Under the instruction of the Certified Practitioner participants will a) view the entire DVD b) familiarize themselves with the manual, c) have the opportunity to practice and begin applying certain points.

All points taught can be applied without removing clothing, and participants may practice them on each other.

At the end of the 4 hours, participants should 1) have a sense of how to apply the touch and 2) be familiar enough with the DVD and manual to teach themselves to find the rest of the points.

The Introductory Workshop is also an opportunity to introduce participants to the International Foundation of Bio-Magnetics (IFBM) and invite them to participate in the network of people around the world sharing Bio-Touch.

3. Materials needed to teach an Introductory Workshop are available from <http://JustTouch.com/cp-corner> and include:
 - a) Manual & DVD Sets
 - b) Guideline
 - c) Workshop Schedule
 - d) Talk Outline
 - e) Chronology

The Workshop Schedule can be adapted to meet the needs of the group you are teaching. Please remember, however, that it is necessary to view the entire DVD.

4. IFBM approved publicity materials for the Introductory Workshop are available from <http://JustTouch.com/cp-corner> and include:

Press Release example

- a) Press Release master copy
- b) Flyer master copy
- c) Introductory Workshop brochure master copy

Please use these as best suits your particular needs. *If you wish to create another form of publicity you must have it approved by IFBM prior to use.*

5. The teaching tool for the Introductory Workshop is the Manual & DVD Set. Please familiarize yourself fully with the contents so that you can clearly discuss the technique, the points and Foundation programs.
6. You may decide what your fee will be for each Introductory Workshop. Fees requested by an independent CP are not tax deductible under the Foundation's tax-exempt status. Therefore, you are responsible for your own tax liabilities.
7. If IFBM can be of any assistance to you as you pursue sharing BIO-TOUCH™, please feel free to call upon us.

Introductory Workshop
SCHEDULE

Calculations in *Hour* column are examples for a 4-hour Introductory Workshop held from 12 - 4 p.m.
You may wish to calculate your own *Hours* in the space provided.
You could use the eBook & website as your teaching tool.

Section	Time Budget	Hour	Notes
<i>Welcome!</i> Intro Newscast Video (online)	30 min.	12:00-12:30	Intro Talk (Intro Workshop Packet page 3)
Break	15	12:30-12:45	
How to read manual. Video -Intro	15	12:45-1:00	Explain manual design. Show Video, then answer any questions and review important parts of <i>Getting Started</i> page 6 and <i>Terms Used in This Manual</i> page 7.
Video - Greeting <i>Practice</i> - find on self and neighbor	10	1:00 – 1:10	Show Video, then answer any questions and review importance of the Greeting
Explain purpose of back Video – Back & Neck <i>Practice</i> - Neck	25	1:10-1:35	Show Video, then answer any questions and, if necessary, review pages 10 & 11: especially about bracketed areas, Break-Over, skin indications and relationship of nerves from spine to the organs.
Video - Shoulder Metabolism <i>Practice</i> - first step of metabolism	20	1:35-1:55	Show Video, then answer any questions and review why one would work the Metabolism set.
Video - Heart, Lungs, Stress <i>Practice</i> - Hold point for lungs	20	1:55-2:15	Remind them to work corresponding area on the back.
Break	15	2:15-2:30	
Video – Enhancements & Local Work <i>Practice</i> – different ways	15	2:30-2:45	Show Video, then answer any questions and review pages 28 & 29: how to work <i>from</i> source on back <i>to</i> the problem. Possibly show on someone.
Video - Infection/ Allergy/Poison; Abdomens <i>Practice</i> - Infection/ Allergy/Poison	15	2:45-3:00	Only need to practice the touch points.
Video - Head - <i>Practice</i> Video - Sinus - <i>Practice</i> Video - Ears - <i>Practice</i> Video - Eyes - <i>Practice</i>	40	3:00-3:40	Show one set on the Video then have participants pair off and practice that set on each other. Repeat this sequence for each set of points in this section.
Show end of Video; Conclusion <i>Thank you!</i>	20	3:40-4:00	Concluding Talk (Intro Workshop Packet page 3)

Total 4 hours.

Introductory Workshop
TALK OUTLINE

INTRO TALK

- I. **Welcome & Introductions**
- II. **Show the news clips from website.**
- III. **Give an overview of the Workshop schedule for the day.**
- IV. **Go over the following:**
 - A. *Describe the technique*
 1. Use rack card.
 2. Use manual (page 5 & 6).
 - B. *Introduce IFBM: Manual pg. 48.*
 1. Federally approved nonprofit tax-exempt educational foundation
 2. Created to encourage a person's growth in self-awareness (Mission & Vision on title page)
 3. Fulfills its purpose by teaching and presenting BIO-TOUCH
 - C. *Explain Membership - \$18*
 1. Describe Membership benefits.
 2. Participants may go online to become members or you may collect names & email address and send them with \$10 to IFBM.
- IV. **You may try to answer some of these common questions.**
 - A. *Why does the technique work?*
 - B. *How does BIO-TOUCH™ relate to other healing modalities, including standard medical practices?*
 - C. *Who is effective at practicing BIO-TOUCH™?*
 - D. *Can you harm anyone?*
 - E. *Does it take faith to practice or notice results?*
 - F. *What kind of conditions will BIO-TOUCH™ address?*

If there is time and interest, use the Chronology and the BOOK: **"Healing With The Power In Our Fingertips"** to answer:

- G. *Where did the technique come from?*
- H. *Who created the IFBM?*

CONCLUDING TALK

- I. **Go over Suggestions for Addressing Specific Conditions on page 44 in manual.**
- II. **Share other IFBM programs.**
 - A. **Practitioner Training** – 8 - 10 hour training program of the ENTIRE system. (Can apply \$25 Discount if they have manual)
 1. They may take the Training at the Center or have an Authorized Certified Practitioner come to their community.
 2. They may take the Online Training (if they sign up as a referral from you, the Foundation will give you a stipend)
 3. **Nurses & Massage Therapists** may receive continuing education credits through IFBM, other professionals have successfully petitioned for credits through their own licensing boards.
 - B. **Certified Practitioner Training: 2 Parts**
 1. 12 Certification Classes, two hours each of discussion and practice
 2. 60 hours of supervised hands-on Practice
 - C. **Certified Practitioner Online Training**
Participants can get Certified, at their own pace, with one-on-one guidance from an Authorized Instructor. (if they sign up as a referral from you, the Foundation will give you a stipend)
- III. **Encourage participants to contact IFBM**
 - A. *To ask questions about the technique.*
 - B. *For information on how to address particular conditions or problems.*
 - C. *To participate in the world-wide network of people sharing BIO-TOUCH™.*
 - D. *To help set up a free presentation for any group that might be interested.*
 - E. *Facebook.com/biotouchhealing*
 - F. *Send friends and family to the website*

(888) GREET 1-2
JustTouch.com
For TOUCH SUPPORT ONLINE

Introductory Workshop
LOOSE CHRONOLOGY OF BIO-TOUCH & IFBM

- **Approx. 1973** Norman Cochran is at a friend's house, while on a mining job, and the lady of the house was hemorrhaging and having a miscarriage. Norman says spontaneously that he can help if allowed to touch the lady. He touches her lightly, she stops bleeding, carries the baby full term and has a healthy baby.
- **Years later** Norman realizes he must try to teach someone else how to do the technique. He does and that person is just as effective as him.
- **For years** Norman and his wife Carol showed a few people how to do it from sketches jotted on scratch paper.
 - Norman and Carol are in Mancos, CO. on a mining job. They are offering the healing work out of their home.
 - Mancos is a town of about 900 people, mining, ranching community. Many people in the town were talking about the healing work Norman and Carol were doing. They never charged people for the healing.
 - Paul has a sciatic nerve back problem. After one year of pain, Paul's truck "drives itself" up Norman's driveway.
 - Paul is immediately impressed that Norman and Carol smoke cigarettes, drink coffee, basically eat only meat and white bread and also that people were never asked to pay anything for the sessions and could just show up whenever they needed help.
 - Norman worked on Paul's sciatic nerve problem and helped relieve the pain. In fact the work helped Paul's spine adjust itself and he grew an inch over the next few months.
 - Paul and Cheryl hang out with Norman and Carol and talk to a lot of recipients.
 - Paul asks Norman what his goal for BMTH is and Norman says he is waiting to retire to set up a Center to teach it.
 - Paul suggests that something be done immediately to get the technique to people.
- **Fall 1989** Norm, Carol, Paul and Cheryl set up the first formalized class to teach the technique with copies of the points on sketch drawings.
- **Dec 1989** First manual is printed. 25 of these are copied and put in spiral binding. It is at this time that the technique was named "Bio-Magnetic Healing."
- **Mar 1990** Bio-Magnetic Educational Foundation is incorporated in Colorado with the help of a lawyer recipient.
- **Aug 1990** Federal Tax Exempt status is approved with the help of a CPA who was receiving sessions. Exemption was received 90 days after application which process can usually take 1 to 3 years.
- **Feb 1991** Paul is invited to Hawaii by his brother, Bruce, to attend their father's 70th surprise birthday party. Bruce knows that Paul will only come if he can also do Bio-Touch. Therefore Bruce gives Paul his business spot on a local radio station. Over 50 signed up for a class being offered for \$10. Paul & Cheryl stay an extra week to teach all the interested people.
- **April 1991** Paul & Cheryl move to HI. They stay with Bruce's family, on the lanai. They are offered a donated place to offer sessions at Larry Ward's Naturopathic office.
- **May 1991** Bio-Magnetics International (BMI) is incorporated in the State of Hawaii
- **June 1991** Joyzelle comes to HI to help set up and run the Foundation.
- **Nov 1991** Foundation is approved as a tax-exempt organization by the IRS in 60 days from the first application.
- **Aug 1992** Office is rented on Waialae Ave.
- **Dec 1992** The first video is produced.
- **Dec 1992** Foundation formally changes its name to International Foundation of Bio-Magnetics.
- **Dec 1992** IFBM is incorporated in Arizona as a non-profit organization and opens in Lake Havasu City, AZ.
- **Jan 1993** The technique is renamed "Bio-Magnetic Touch Healing™" so that more people will understand that we do *touch* on the body. Logo is created. BMTH, "Just Touch" name & presentation is trademarked.
- **April 1993** IFBM receives a group exemption from the IRS.
- **Oct 1993** Lake Havasu City Center closes. Joyzelle moves to Tucson, AZ to open the Center and hold first class.
- **April 1997** Yuba City, CA Center is opened...closes in May 2000
- **April 1999** IFBM begins doing research with Dr. Gary Schwartz, Director of the University of Arizona Human Energy Systems Laboratory to study the effects of Bio-Touch on stress, pain, blood pressure and to create future studies on a variety of conditions
- **April 2000** IFBM Headquarters is transferred to the Tucson Center. Honolulu remains IFBM's Founding Center.
- **Jan 2002** Begin to call the technique Bio-Touch™ and trademark that name.
- **Oct 2002** Bio-House opens NE part of Tucson closes 2008
- **Mar 2003** Center moves to Pima Street location
- **Aug 2002** Research begins with Dr. Kenna Stephenson in Tyler, TX
- **Jun 2003** Start East Texas Chapter, which closes a couple of years later.
- **Aug 2011** Research begins with Dr Carole McKenzie at Northwestern Oklahoma State University Nursing School.
- **Nov 2015** First book about Bio-Touch published, written by Deborah Schildhouse



Bio-Touch™

Introductory Workshop Registration Form

Welcome! We are happy that you are here with us today.

The International Foundation of Bio-Magnetics (IFBM) is a nonprofit educational foundation whose main purpose is to encourage a person's growth in self-awareness. This door is opened with a simple touch technique we call Bio-Touch™

You are encouraged to share, but requested not to reproduce for sale, any materials you receive today including the Manual, Video and any tapes you might produce. In order to maintain the integrity of IFBM, Bio-Touch™ and of others practicing this technique, your signature constitutes agreement to the above request and agreement not to misrepresent what you learn today or to claim certain levels of competence without Foundation approval or certification.

Bio-Touch™, "Just Touch"™ and the logo are trademarked and copyrighted by the IFBM. You must have prior written approval from the Foundation in order to use any of these items for your business cards, flyers or other publicity.

For those interested, there are additional programs that lead to certification by the IFBM, which authorize individuals to teach or review Bio-Touch™. We invite you to join us!

Name/s: _____
Please print clearly. Use back of this sheet, if not enough room. Signature

Signature

Address: _____
Street

City State Zip

Phone: (_____) _____

E-Mail: _____

Date: _____

Office Use Below