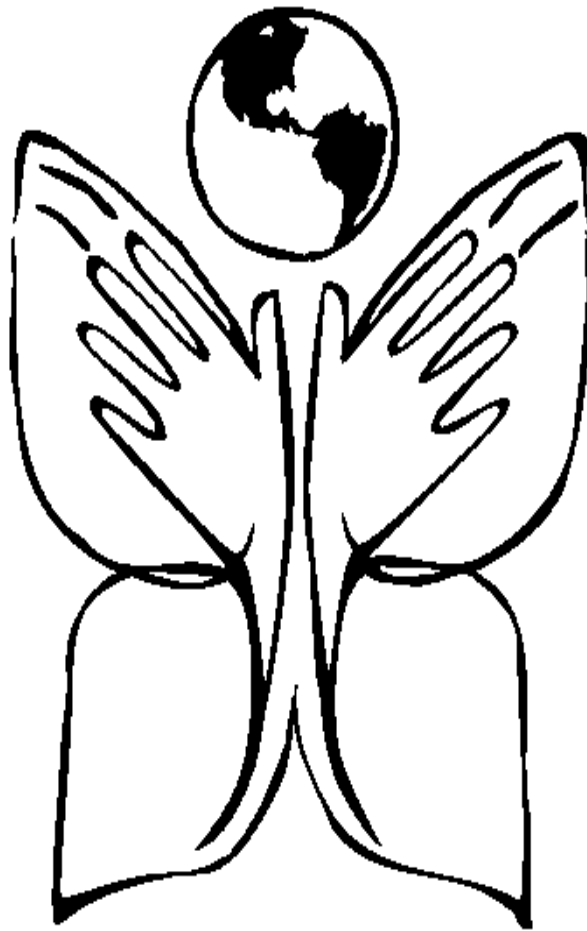


WELCOME TO THE HEALING WORLD OF BIO-TOUCH™

**A Presentation of
The International Foundation of Bio-Magnetics**

Online Certification Program



CLASS #1

ORIENTATION



Welcome to your first class as a certification candidate! You are about to become part of the millions of students who are taking advantage of national and international distance learning programs in hundreds of fields of study.

The International Foundation of Bio-Magnetics (IFBM) is pleased to have you join us as you give and receive Bio-Touch™. The Certification Program is formatted to give you options in how to practice and share Bio-Touch. It is also another opportunity leading you to a greater understanding of self-awareness.

This phase of the Certification Program will consist of 12 classes as listed on page #3. Each is designed to expand your understanding of the Art, Science and Spirit of this technique.

The purpose of the Certification Program is to gain greater “self-awareness” as we increase your ability to practice and present Bio-Touch™ to the public.

The program is designed to educate you in the following ways:

1. **Enhancement of self-awareness**
2. **Ability to describe point locations**
3. **Training you to become a teacher of IFBM programs**
4. **How to represent the Foundation & technique**
5. **Volunteer Training program for Center volunteers (only in Tucson)**

We are committed to encouraging you, to instructing you, to training you and especially to motivating you to “Just Touch” as you develop greater self-awareness. The following information serves as an introduction to this intention.

Much Success,
The International Foundation of Bio-Magnetics

PURPOSE OF CERTIFICATION PROGRAM:

- To gain a greater insight into the basic philosophy of encouraging a person’s growth in self-awareness: recognizing the equality of all humanity and introducing into society an application of “Love Your Neighbor.”
- To insure that all Certified Practitioners (referred to as CP’s) maintain and represent the simplicity and exactness of the Bio-Touch™ points and technique.
- To assist CP’s in their ability to share Bio-Touch in their communities.
- To increase CP’s knowledge of IFBM (International Foundation of Bio- Magnetics)
- To provide a basis for volunteer opportunities through IFBM programs and activities.

REQUIEMENTS:

Candidates qualify for registration for the Certification Program upon completion of an IFBM Practitioner Training.

MEANS TO ACHIEVE PURPOSE:

1. Review and answer questions to the classes as listed on page 3.
2. Reading and speaking the points as described in the manual.
3. Practicing the sets of points for specific conditions as outlined on pages 13 & 14.
4. Learning to creatively apply enhancements using the BIO-TOUCH technique.
5. Interns must meet the required 60 hours supervised hands-on training or 100 hours of unsupervised hands-on. Candidates are required to validate hours and work performed by submitting records of their sessions. See Form entitled “Certification Program Hands-On Practice” on page 14.
6. Each candidate will test for proper application and verbalization of the entire system as taught by IFBM in the official manual of Bio-Touch. This test will be administered via internet or telephone.
7. Payment of the appropriate class fee. This will include:
 - a) A one year Membership in the IFBM which is activated upon completion of the 12 certification classes
 - b) All printed and educational hand-out materials.



The goal of the program is to enhance your self-awareness while you pass on the technique as you’ve learned it.

CERTIFICATION ONLINE PROGRAM CLASSES


Enter date you complete each class and
practice the sets of points for each condition as outline on Page 14

CLASSES:

- _____Orientation (practice enhancements as shown below)
- _____Scanning & Diagnosis (practice conditions in group one)
- _____How Bio-Touch Relates to Other Healing Modalities (practice conditions in group two)
- _____Organization & Purpose of International Foundation of Bio-Magnetics (IFBM)
(practice conditions in group three)
- _____Paranormal (practice conditions in group four)
- _____Philosophy & Magnetic Aspect of Healing (practice conditions in group five)
- _____Healing Crisis & Opportunity (practice conditions in group six)
- _____Membership & Benefits (practice conditions in group seven)
- _____Counseling -- the role of a practitioner (practice conditions in group eight)
- _____Teaching and Presenting Bio-Touch (practice conditions in group nine)
- _____Teaching Workshops & Practitioner Training (practice conditions in group ten)
- _____Philosophy and Review

THE BASIC TEXT FOR ALL IFBM EDUCATIONAL PROGRAMS IS THE BIO-TOUCH MANUAL

TO PREPARE FOR THE OPTIMUM RESULTS OF THIS PROGRAM PLEASE REVIEW THE SETS OF POINTS AS THEY ARE PRESENTED IN THE MANUAL. THIS IS BEST ACCOMPLISHED BY VIEWING THE DVD AND REFERENCING THE MANUAL.

 **QUESTION: ARE YOU CONFIDENT THAT YOU ARE APPLYING THE SETS OF POINTS AS INDICATED?**

YOU MAY USE THIS PAGE TO ASK QUESTIONS CONCERNING THE POINTS OR DESCRIPTIONS.

HERE ARE HELPFUL REMINDERS ABOUT THE SETS THAT YOU PREVIOUSLY LEARNED AS PRACTITIONERS:

1. **THE GREETING** is always performed on every person, every time a session is started. It is performed with the dominant hand.

2. **THE BACK SET** is used to address specific conditions of the back & spine and to address the source of nerves that relate to other areas of the body. Review the illustration on page 10.

★ **QUESTION: DO YOU UNDERSTAND THE SIGNIFICANCE OF THIS SET?**

PLEASE EXPLAIN. INCORPORATE INFORMATION FROM THE ILLUSTRATION ON PAGES 10 OF THE MANUAL

STUDENT RESPONSE SPACE:

3. **THE NECK SET** also addresses the upper back, arms and hands.

4. **THE SHOULDER SET**- should always include work on both shoulders.

5. **THE METABOLISM SET** is a good reminder to touch lightly. Recipients should be encouraged to check with their doctor about medications.

6. **THE HEART SET** can be used in a crisis situation while waiting for emergency care.

7. **THE LUNG SET** does not require application of the oxygen point. (See page 24)

8. **THE STRESS, ANXIETY, SHINGLES SET** is similar to the heart set.

★ **QUESTION: WHAT IS THE DIFFERENCE BETWEEN THE HEART SET AND THE STRESS SET?**

STUDENT RESPONSE SPACE:

9.10.11. **THE INFECTION, ALLERGY, POISON SET** are three distinct sets with the same hold point.

12. **THE UPPER ABDOMEN SET** may generate dietary questions. Remember: We do not recommend.

13. **THE LOWER ABDOMEN SET** is the only set that uses firm pressure.

★ **QUESTION: WHY WOULD YOU THINK PRESSURE IS NEEDED FOR THIS SET?**

STUDENT RESPONSE SPACE:

14. **THE HEAD SET:** note that point “A” at the back of the head is the same as point 2 on the back set.

15. **THE SINUS SET** is a perfect example of the use of “cross fire”.

16. **THE EARS SET** requires that the fingers be snug against the ear.

17. **THE EYES SET** is always performed on the same side of the head.



As a Practitioner you learned how to locate and address the sets of points. Certification requires you add to this basic information with your ability to verbalize the location of the points as written in the manual and to understand what sets of points are used to address specific conditions.



Do you understand the importance of reading the manual?

In addition to the sets of points there are ENHANCEMENTS to add to your Bio-Touch sessions. The section in the manual on page 28 addresses this option when performing Bio-Touch. These may be applied to any area of the body needing extra attention. Review this information to clarify situations when that would prove beneficial.

LIKE ALL ASPECTS OF THIS TECHNIQUE PERFORMING ENHANCEMENTS IS UNCOMPLICATED. Indications for enhancements are detected through observation and scanning. (See page 27).

★ **WHAT THOUGHTS DO YOU HAVE ON THE OBSERVATION AND SCANNING FEATURES OF THE TECHNIQUE?**

STUDENT RESPONSE SPACE:

IN ADDITION TO THE REVIEW OF THE SETS, HERE ARE THREE POSSIBLE ENHANCEMENTS THAT YOU MAY ADD TO THE APPLICATION OF THE TECHNIQUE.

TRI-FACIAL
EXTRA NECK or C-7
EXTRA SCIATICA

Remember these are only enhancements and therefore do not have specific defined points of application. They are given to you as encouragement of other possibilities in the application of Bio-Touch.

Local work and addressing the extremities should also be reviewed. (See page 29). All of this work involves only the basic methods of touch you are currently practicing as per page 7.

★ **DO YOU HAVE ANY QUESTIONS CONCERNING THIS INFORMATION?**

STUDENT RESPONSE SPACE:



Above all else remember that these are guidelines and are meant to stimulate your creativity as you practice this healing technique.

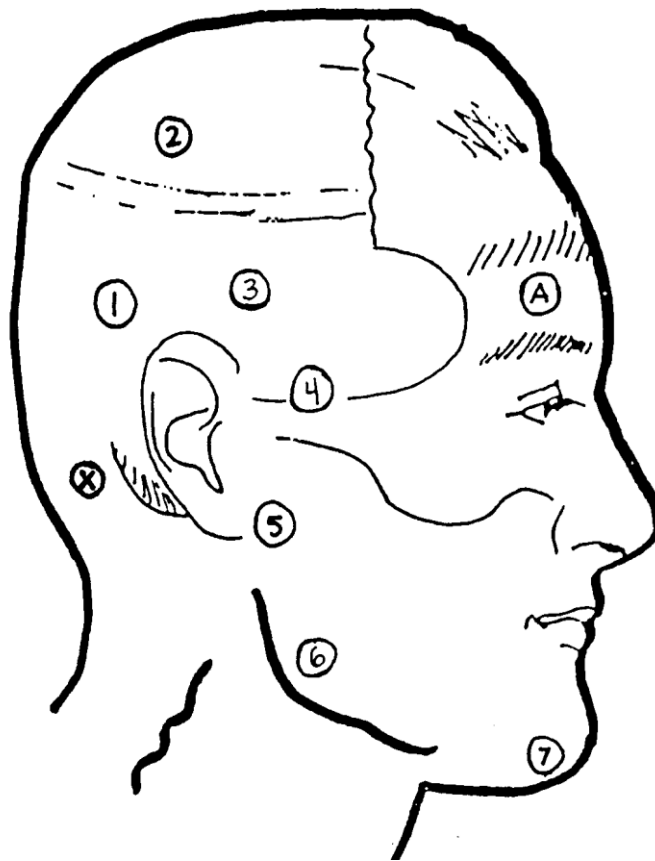
POSSIBLE ENHANCEMENT

Tri-Facial

Note: The purpose of this enhancement is simply to encourage practitioners' creativity in their approach to applying enhancements and local work. For complete instruction of the Bio-Touch points refer to the *Bio-Touch Manual*.

For further discussion of Enhancements & Local Work, please see pages 28 & 29.

This possible enhancement is one idea for helping address Migraine Headaches, TMJ /jaw Dental problem, Paralysis from Stroke or Bells Palsy, etc.



For Migraines:

Step 1 - Hold "X"; other hand works points " 1 "-"4" (point "A" may be included).

Step 2 - Reverse sides.

☞ "7" is at the tip of the chin.

For Jaw, dental, paralysis, et al.:

Step 1 - Hold "X"; other hand works points "1"-"7".

Step 2 - Move Hold to point "5"; other hand sweeps from point "6" to point "7".

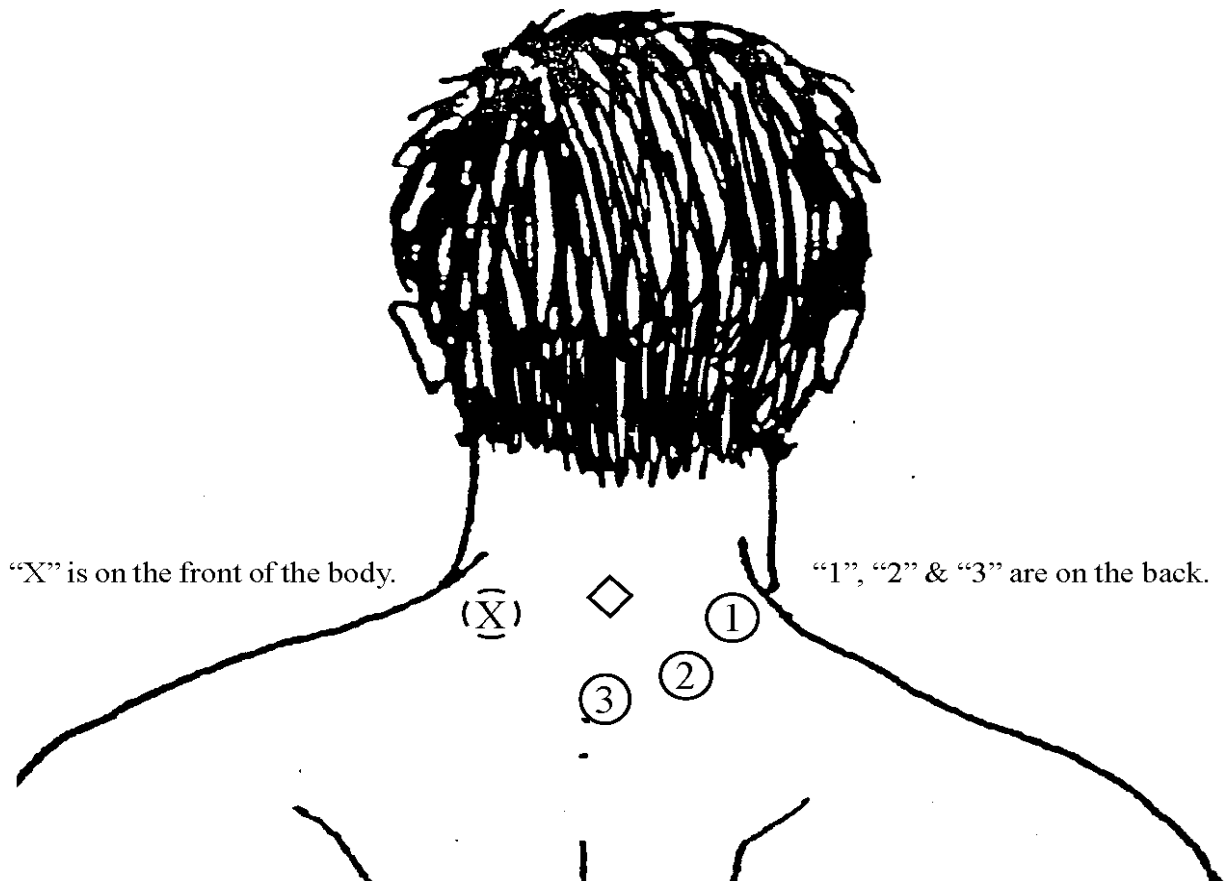
Repeat on other side, if necessary.

POSSIBLE ENHANCEMENT

Extra Neck or C7

Note: The purpose of this enhancement is simply to encourage practitioners' creativity in their approach to applying enhancements and local work. For complete instruction of the Bio-Touch points refer to the *Bio-Touch Manual*. For further discussion of Enhancements & Local Work, please see pages 28 & 29.

This possible enhancement is one idea for helping address problems in the upper extremities - arms, hands, fingers, as well as around the Big Bone (marked by a diamond), carpal tunnel, etc.



Step 1 - Hold "X (which is on the front of the body) on the front of the muscle while other hand works points "1"- "3" which are on the back.

Step 2 - Repeat on other side.

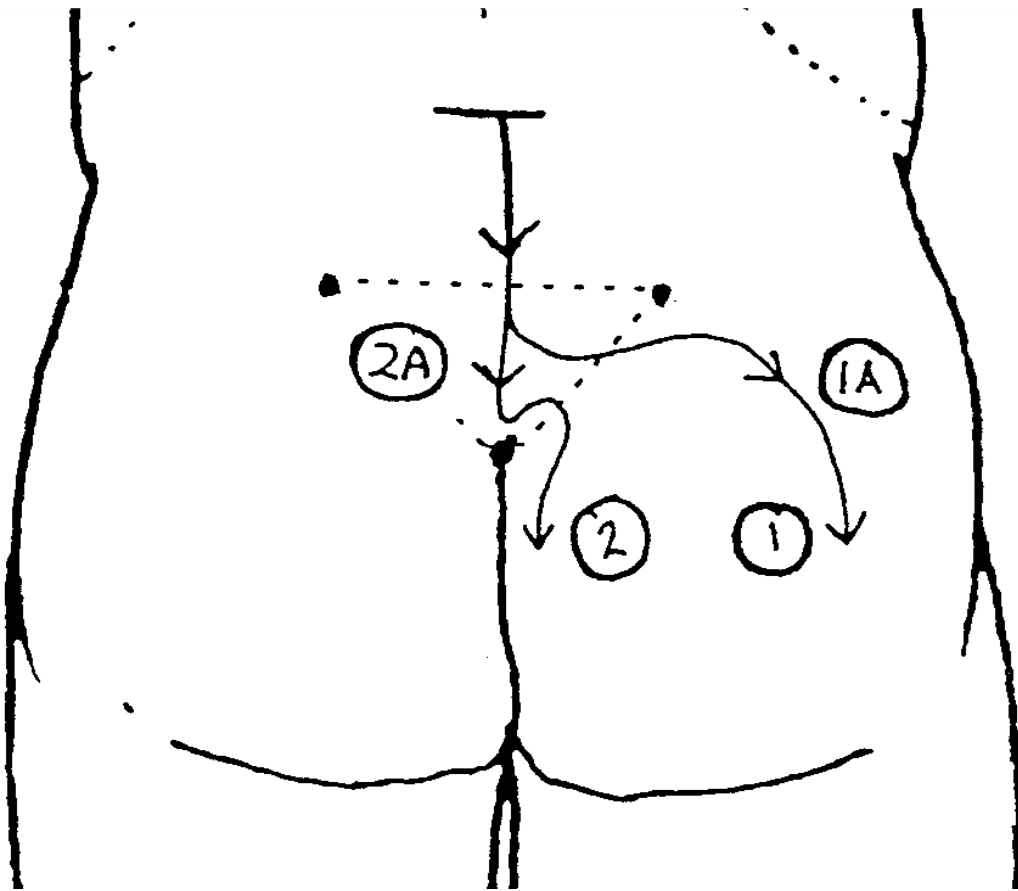
POSSIBLE ENHANCEMENT

Sciatica

Note: The purpose of this enhancement is simply to encourage practitioners' creativity in their approach to applying enhancements and local work. For complete instruction of the Bio-Touch points refer to the *Bio-Touch Manual*.

For further discussion of Enhancements & Local Work, please see pages 28 & 29.

This possible enhancement is one idea for helping address painful sciatic and problems related to it in the hips, buttocks, legs, and feet.



Step 1 - Hold at "1"; other hand sweeps down line "1A".

Step 2 - Hold at "2"; other hand sweeps down line "2A".

Repeat on other side

CONCLUSION OF ORIENTATION

AS AN INTERNATIONAL EDUCATIONAL FOUNDATION, IFBM MAINTAINS ITS ORIGINAL PURPOSE OF TEACHING BIO-TOUCH AND MAINTAINING THE SIMPLICITY AND INTEGRITY OF THE TECHNIQUE.

THIS TRAINING WILL GIVE YOU TOOLS TO ENHANCE YOUR USE OF THE TECHNIQUE FOR PERSONAL USE OR TO ASSIST YOU IN REPRESENTING THE FOUNDATION IN A TEACHING CAPACITY. THESE OPPORTUNITIES WILL BE PRESENTED TO YOU THROUGHOUT THE PROGRAM.

IF AT ANY TIME DURING THIS ONLINE TRAINING YOU ARE IN NEED OF DIRECTION OR HAVE QUESTIONS OR COMMENTS PLEASE EMAIL US AT OFFICE@JUSTTOUCH.COM

Please continue to the Orientation Review on page 12.



REQUIRED HANDS-ON PRACTICE

ONCE THE CLASS REVIEW IS COMPLETED PRACTICE THE THREE ENHANCEMENTS ILLUSTRATED ON PAGES 8, 9 AND 10.

ORIENTATION REVIEW

1. What are the 5 ways this program is designed to educate you?

2. Please comment on the stated purpose of this program.

3. What is the purpose of enhancements?

4. What does “self-awareness” mean to you?



A REMINDER: IT'S TIME TO PRACTICE THE THREE ENHANCEMENTS ILLUSTRATED ON PAGES 8 TO 10.

HANDS- ON PRACTICE INSTRUCTIONS

The form included on the following page is a record of various conditions that may be addressed by Bio-Touch. Please fill in the name of the sets of points that may be helpful in addressing the listed condition.

At the conclusion of this online training students should submit the completed form (page 14) to IFBM.



EACH GROUP OF SETS IS MEANT TO BE PRACTICED IN 10 SEPARATE CLASSES AS INDICATED ON THE FORM AND ARE NOT INTENDED TO BE PRACTICED IN THEIR ENTIRETY IN ONE CLASS.

THESE SETS WILL BE PRACTICED PER INSTRUCTION THROUGHOUT THE PROGRAM.

Certification Program Hands-On Practice Record

NAME _____

SPECIFIC CONDITIONS (identify and include which sets are recommended for each condition)

1	Hepatitis _____ Tinnitus _____ Asthma _____
2	Hiatal Hernia _____ Parkinson's disease _____ Knee and feet problems _____
3	Migraines _____ Fingers - numbness and tingling _____ Pregnancy _____
4	Flu/Colds _____ Emphysema _____ Arthritis _____
5	Frozen shoulders _____ Glaucoma & Cataract _____ PMS _____
6	Senility/Alzheimer's _____ Blood Pressure _____ Cancer, tumor, cysts _____
7	Stroke _____ Carpal Tunnel Syndrome _____ Food Poisoning _____
8	Colitis & Constipation _____ C.F.S. (Chronic Fatigue Syndrome) _____ Diabetes/Hypoglycemia _____
9	Psoriasis; Shingles _____ Scoliosis _____ Ulcers & Indigestion _____
10	Thyroid problems _____ T.M.J.D. _____ Varicose veins _____