

CLASS #2

Scanning and Diagnosis

QUESTION: How would you define Scanning?

Please define this term in a general sense and not as it is applied to Bio-Touch™.

There is no right or wrong answer. Just share your ideas.

STUDENT RESPONSE SPACE:

Scanning is a natural process using our perceptions to enable an associate to receive guidance or information on where to touch the recipient's body to promote healing.

Now we will discuss the aspect of scanning as it relates to Bio-Touch.

Please turn to page 27 in the manual. Review the information under Observation and Scanning.



We want to bring to your attention the sentence: "Many successful associates have worked for years without experiencing results from scanning so don't be discouraged if you don't 'feel' anything immediately or even at all." Whether you "feel" anything or not remember that it is the "sets" that are the foundation of the technique. "Just Touch" and you will always be effective.

THERE ARE 6 TYPES OF OBSERVATION AND SCANNING:

- 1) Visual scanning: Using our eyes to distinguish any abnormalities on the body such as moles, discoloration's in the skin, any orange peel skin, stretch marks, breakouts in the skin, or curvatures in the spine.
- 2) Tactile scanning: Using your hand to feel any hot, cold, or tingling sensations by moving your hand approximately one inch above the recipient's body. While "sweeping" slow and deliberately on an area of the body, you may notice that your fingers do not glide smoothly but rather drag on the recipient's skin.
- 3) Thoughts: You may not feel any perceptible sensations, but you may just want to touch a particular area based on intuition.
- 4) Listen: The recipient will always tell you where they are hurting, or what they are feeling in their own body. You may hear them wheezing, sniffing, breath heavy, have a raspy voice, etc.
- 5) Intellectual: An associate may be knowledgeable in anatomy or other information about organ functions. This information may be used to aid in touching other points.
- 6) Taste: it has been known that some folks get an odd taste when they touch certain areas of the body, for example a metallic taste.

You can use these elements of perception anytime during the session. One especially optimal time to use enhancements is discussed on page 13 of the manual. **It suggests that after completing Step 3 of the Back Set, the associate can perform enhancements and local work on and around specific areas of the spine.**

Now turn to page 11 of the manual. There are a couple of key suggestions made.

1. **You can simply touch around the area where the indications occur.** As noted these indications may be obvious due to subtle markings on the skin such as moles, texture changes, skin discoloration, scars or rashes.
2. **Using the “outward and downward”** explanation cited in the first paragraph on Page 11 of the manual, you can trace the skin indication back to the spine. Follow the instructions clearly outlined.



Special Attention: Page 10 highlights an illustration that shows the approximate location of the nerve fibers related to specific organs. This information will help you to locate areas on the spine to work in order to address the nerves and pathways that relate to particular problems within the body.

For Example: If the recipient has a kidney condition, the area around the spine associated with the kidneys could be worked locally or in addressing the entire back and spine. Since the recipient is in a perfect position with the back and spine exposed it facilitates the application of enhancements. You may use any and all combinations of touch employed in the Bio-Touch technique. Any questions on this information can be addressed in the question portion of this lesson.

As you are scanning or working the enhancements the recipient will often ask us, "What do you feel" or "Do you feel anything?" And they almost always ask "What does it mean"?

We do not share that information with the recipient because we are receiving information for ourselves as to what area of the body needs enhancements or local work. We are not even certain ourselves about what these indicators mean. You may share the fact about moles and discoloration's without giving an opinion as to their relevance or meaning. We don't deal in "meanings". Let's emphasize that thought. We don't want to forget our previously stated purpose in scanning which is to determine where we can do additional touching.

But in no way are we to analyze what those indications mean.

★ **QUESTIONS FOR YOU TO CONSIDER AT THIS POINT IN OUR LESSON: STUDENT RESPONSE**

1) Review the types of scanning. Have you used any of these methods when administering Bio-Touch?

2) How do the nerves on the back relate to different organs of the body?

3) What is the purpose of scanning in practicing Bio-Touch?

4) Please share your viewpoint on the idea that an associate does not share their perceptions from scanning.

DIAGNOSIS:

We have to be careful not to make a correlation between the perceptions obtained while scanning and a diagnosis. For example, we may think that moles over the heart area of the back indicate that the recipient has a heart problem. Passing this opinion on to the recipient is irresponsible, unethical and illegal.

**Certified Practitioners do not have the legal right to diagnose.
This is the responsibility of a licensed medical doctor.**

Most people already come to a Bio-Touch practitioner with a diagnosis. You will no doubt find this true of those that you touch. If they refer to their health issue by a certain diagnosis they have received from a health professional, you may use that term in your conversation with them. The Foundation's position is best remembered this way:

With Bio-Touch, just touch where it hurts.

We are diagnosing ourselves all the time. From the time we get up in the morning and throughout the day we analyze ourselves and are constantly being bombarded with the opinions of others.

We are always judging ourselves. Our goal as Practitioners is meeting people in their own diagnosis and judgment. Our job is just to observe and be present with them. Our job is not to try and change anyone. Self-awareness is merely to encourage recipients to be aware of their relationship to their body and surroundings. It is then up to them to take responsibility to make adjustments as they see fit. We want to meet people as the perfect human beings that they are regardless of any diagnosis or self-judgment.

Please write a statement as to the role of the Certified Practitioner of Bio-Touch in relation to diagnosis.

STUDENT RESPONSE SPACE:

Do you have an experience of your own to share with us?

We welcome your comments.

STUDENT RESPONSE SPACE:



REQUIRED HANDS-ON PRACTICE

See Certification Program Hands-On Form you received in the first lesson. Focus on Group 1. It cites the conditions of hepatitis, tinnitus and asthma. Write in the suggested points that can be touched to address these specific conditions and add any you believe would also be helpful. See pages 44-45 in the manual.



You are doing a great job. We value your input.